

Membership Packet

GDRA ADULT MEMBERSHIP

The Membership Packet contains the following:

1. USROWING WAIVER INSTRUCTIONS

• All GDRA Members must sign their USRowing Waivers online.

2. USROWING WAIVER INSTRUCTIONS

- All Adult GDRA Memberships are Registered and Paid for online through the Regatta Central site.
- Contact Bill Irvine (before registration) if you need any financial assistance.

3. BOAT STORAGE REGISTRATION INSTRUCTIONS

- All Private Boats must be registered and paid for online through the Regatta Central site.
- 4. MEMBERSHIP INFORMATION
- 5. ISLAND PARK RULES
- 6. GDRA CLUB RULES

Questions?

Membership Coordinator: Andrea McDermott, andrea.m.mcdermott@gmail.com, 937-321-4800

Financial Aid: Bill Irvine, bill@aphilosopher.com, 937-294-2571 All forms and information online at: www.daytonrowing.org

USROWING WAIVER

GDRA ADULT INSTRUCTIONS

All Greater Dayton rowing members are required to sign their USRowing Waiver "online" each year.

PLEASE NOTE:

- Your Waiver is valid until January 1st of the following year.
- Write down your USRowing number for future reference.
- USRowing Waivers are to be signed by ALL GDRA Members whether they row or not, or whether they compete or not.
- If you are not in the system, please enter your name & DOB, click "OK" on the "Add Profile" pop-up, and on the next page enter all of the additional info needed and sign your waiver.
- For those of you already entered into the system, please find your account by using your last name & DOB, or by entering your existing member number.
- If you "should" be in the system already, but you cannot find your account using your name & DOB, please enter your previous member number. Odds are that you may not be signed up with GDRA as your affiliation. Please update your account if this is the case.
- Paid USRowing Members, make sure to sign the waiver associated with your "paid membership" account.
- Only competitors planning to race in USRowing hosted events such as Youth Nationals, Club Nationals and Masters Nationals are required to purchase the USRowing Membership.
- First time "Visitors" to GDRA "may" fill out a paper waiver, but must sign the online waiver before another visit.

REMEMBER: NO SIGNED WAIVER, NO ROW!

Sign your USRowing Waiver by following the simple instructions below:

- 1. Go to https://rosters.usrowing.org
- 2. Under Athlete, enter our club code: H49DV
- 3. Follow the prompts, sign your waiver, done. **If you have any issues while signing up please contact:** USRowing Support at 1-800-314-4769, Mon-Fri 9AM to 4:30PM EST

ADULT MEMBERSHIP REGISTRATION INSTRUCTIONS:

For Financial Aid please contact Bill Irvine at bill@aphilosopher.com "before" registration. New Members: Before rowing, please contact the Adult Program Director for an orientation and basic sculling test.

- 1. Copy/Paste https://www.regattacentral.com/clubs/ into your browser.
- 2. Scroll down to Greater Dayton Rowing Association, Click on the logo or name, and a box will drop down.
- 3. Under Membership category, pick from one of the membership types based on your membership age and/or volunteer hour accumulation.
- 4. Click on Join/Renew
- 5. Click on New Participant and follow the prompts to create an RC account. If you are an existing member you can login at this time and proceed.
- 6. Click the Next Button.
- 7. Click the arrows next to **Participant**, and select your name from the drop-down menu.
 - Paying for Additional Adults? Click Add Another to add a second (example: your spouse) "same type only" membership to your cart. In addition, please repeat steps #4 and #5 to add the adult to the participant drop down menu.
 - Paying for someone with a "different type" of membership? Click on the Add Item button located next to the membership description that you would like added to your cart, then repeat steps #4 & #5.
 - Paying for an LTR student on top of your membership? Click on the LTR tab (located over the membership descriptions), click on the Add Item button located next to the LTR class that you would like added to your cart, then repeat steps #4 & #5.
- 8. Click the Proceed to Checkout button.
- 9. Enter all information, including your USRowing Waiver #
- 10. Click the Next Button at the bottom of page.
 - Click "cancel" if you decide not to proceed to payment
- 11. Make payment with credit card, debit card, or your Paypal account.
- 12. Done! You will receive an email confirmation from Regatta Central.

Changes to my information:

If you need to change your address, email or phone number at any time please do so through Regatta Central. This will update your information to avoid delays and discrepancies with the Club Roster and Email List.

QUESTIONS?

Contact the **Membership Coordinator:** Andrea McDermott, andrea.m.mcdermott@gmail.com, 937-321-4800

BOAT STORAGE INSTRUCTIONS:

For Financial Aid please contact Bill Irvine at bill@aphilosopher.com "before" registration. ATTN NEW STORAGE REGISTRATIONS: Boat Owner's must contact Doug Barker (the Boathouse Manager) at douglas.barker@me.com to check on boat storage availability before paying any fees. If there is space available: Doug Barker will inform the boat owner of a specific storage location for the User's boat(s) and the fees dues. You will be required to enter the information provided by Doug in the fields during registration. Buying a boat? Check with Doug on storage availability beforehand.

- 1. Copy/Paste https://www.regattacentral.com/clubs/ into your browser.
- 2. Scroll down to Greater Dayton Rowing Association, Click on the logo or name, and a box will drop down.
- 3. Scroll down to "Racks and Storage".
- 4. Click on the "Adult Renewal Boat Storage Fees".
- 5. Click on Register
 - If you have more than one boat you'll need to click the "add item" for each additional boat.
- 6. Fill out a description and location for each individual boat. You'll need to enter a description of your boat: name, color, type, & maker. Also enter the current or planned storage location.
- 7. Read the Storage Agreement and check the box signifying you agree with the agreement.
- 8. Type in your "full" name to sign the Boat Storage Agreement.
- 9. Enter todays date.
- 10. Click the Proceed to Checkout button.
- 11. Make sure your info is up to date, click NEXT.
- 12. Make payment with credit card, debit card or your Paypal account.
- 13. Done! You will receive an email confirmation from Regatta Central

Changes to my information:

If you need to change your address, email or phone number at any time please do so through Regatta Central. This will update your information to avoid delays and discrepancies with the Club Roster and Email List.

QUESTIONS?

Contact the **Membership Coordinator:** Andrea McDermott, andrea.m.mcdermott@gmail.com, 937-321-4800

Contact the Boathouse Manager, Doug Barker, douglas.barker@me.com

GDRA MEMBERSHIP INFORMATION

Membership runs from April 1st of the current year through March 31st of the following year.

Adult Members

- Age 27 and over.
- Row as member of GDRA Adult Program.
- Voting privileges.
- Volunteer requirement.

Young Adult Members

- Age 18-26 after graduating from high school.
- Exactly the same as an Adult Membership but at a reduced fee.

Supporting Membership

- For inactive rowers or non-rowers who want to support the club, attend socials, participate in activities and stay in touch.
- No volunteer requirements.
- ONLY Former Adult Members with Rowing Experience, may row up to three times per year.
- After your third row, you will need to register for a full membership in order to row again in the same year.
- Before registering for a full membership, contact the Membership Director to obtain a credit towards your full membership price.

Youth Members

- Age 14-18 high school students, including the summer after graduation.
- Row as member of the GDRA Junior Program.
- Associate membership, non-voting.
- Juniors must be supervised by a coach or other qualified adult member when using club facilities or equipment.

Adult Learn-to-Row:

- Age 18 and over.
- An eight class course for novices and others who want a formal introduction to sculling.
- Upon successful completion of LTR: the graduate will received a GDRA membership for the "remainder" of the year.

New Member

- Beginning and Novice rowers must successfully graduate from Learn-To-Row.
- Experienced rowers must go through a formal Club Orientation & Basic Sculling Test before they can row. The orientation covers boathouse procedures, river safety and club policies. It includes a rowing test to demonstrate basic competence in a single. Contact the Adult Rowing Director to schedule an orientation: Bill Irvine at bill@aphilosopher.com
- "New" member means that you have not been a member of GDRA during the past 3 years.
- You will need to obtain your volunteer hours in this year to satisfy your Adult Volunteer Requirement to receive a discount on membership dues.

Adult Volunteer Requirements

- Applies to both Adult and Young Adult members.
- You are asked to contribute at least 10 official volunteer hours every year. If you satisfy the minimum requirement this year you are eligible for reduced fees when renewing your membership next year.
- New members joining before July 1 are asked to contribute a minimum of 10 hours.
- New members joining after July 1, the minimum requirement is only 5 hours.
- For LTR graduates, the minimum requirement is only 5 hours, for the year the class was taken.

Boat Storage

- Check on the availability of storage space **before** ordering or buying a boat.
- Storage space is assigned by the Boathouse Manager: **Doug Barker** 937-372-0725 or douglas.barker@me.com
- All private boats in the GDRA bays and boatyard pay storage fees.
- Boat owner/user must register and sign a Boat Storage Agreement online.
- Reduced boat storage fees are based upon when the boat first appeared at the boathouse. After July 1 = pay 75% of annual fee. After Oct 1 = pay 50% of annual fee.

ISLAND PARK ROWING RULES

(Last modified April 2007)

Traffic Pattern & Etiquette

- 1. The basic traffic pattern is the same as on the road. Keep to the right (starboard) as much as is prudent while avoiding obstacles near the shore.
- 2. Do not cross the center/buoy line unless it is clearly safe to do so.
- 3. Never cross the centerline under the Helena Street bridge regardless of how safe it may appear to be. The centerline is defined as the center of the middle arch.
- 4. Race pace should not be continued downstream of the 2000 meter mark (i.e. the mouth of Stillwater River).
- 5. If being overtaken by a faster shell, call out "look ahead!" well in advance. Continue calling out until you are heard. For your own safety, when being overtaken, stay toward the shore. Although Ohio Watercraft Laws & Rules say that the slower boat has the right-of-way, yielding to a faster rowing shell by moving toward the shore is the prudent course of action.
- 6. If overtaking a slower boat, move toward the center of the river, being aware of the centerline of the river and the presence of oncoming traffic. The faster boat must leave the slower boat safe and sufficient rowing space. If it is not safe to pass, then the overtaking boat must reduce its speed or stop until such time that it is safe to execute a pass.
- 7. Always move nearer to the shore before stopping. Do not stop near bridges. A rowing shell or coach's launch at a stop has an obligation to keep a lookout for boats underway and to call out "look ahead!" well in advance of any possible collision.
- 8. Scullers and coxswains should find out where known hazards exist before boating each day. Immediately document any new hazards (e.g. snags) encountered during your row on the Safety Board in the boathouse.
- 9. Canoes and fishermen often do not realize how limited our forward vision is. Look out for them. Be courteous.

Motor Launches

- 1. Coaches' launches must keep their wake to a minimum when passing other boats, including rowing shells, canoes and fishing boats.
- 2. Each launch *and trailer* should be prominently marked with the name of the organization to which it belongs.

Bowballs

- 1. All shells must be equipped with a bow ball. Lighting during darkness or reduced visibility Launches shall exhibit a red/green (port/starboard) bow light and white stern light, in compliance with Ohio law.
- 2. Shells shall display a red bow light and white stern light.

Dock Area

- 1. Launch with bow facing upstream.
- 2. When other boats are waiting for dock space, tie-in and adjust foot stretchers on the water.
- 3. Team boats should place oars and other equipment on shore. Single scullers should place their oars away from the outer edge of the dock.
- 4. When landing, typically approach the dock from downstream.

5. When landing, typically use the most downstream section of available dock space, and walk the boat upstream to make room for the next incoming boat.

Danger of Low-Head Dam

1. All rowers, coxswains and coaches must be aware of the location and inherent danger of the low-head dam just downstream from our dock. Low-head dams are referred to as "drowning machines" by Ohio DNR. The suction created at their base can trap even a strong swimmer below the surface.

Safety Incident Reporting

- 1. Safety incidents should be reported on the Incident Report Form and deposited in the mail slot in the boathouse. The Joint GDRA Safety Committee will periodically review these reports.
- 2. Situations that present an ongoing hazard, such as a new snag, should be marked on the map of the river on the Safety Board in the boathouse.
- 3. Suggestions on how to improve safety conditions should be brought to the attention of your coach or a member of the Safety Committee.

Boathouse Security & Emergency Aid

- 1. The last person leaving the boathouse is responsible for checking that all of the bay doors and the side door are locked.
- 2. The boathouse combination is not to be given out to anyone who is not a member of GDRA.
- 3. Call 225-4357 for Park Rangers. Call 911 for emergency aid.

GDRA Club Rules

(As approved by GDRA Trustees in 2011)

The Greater Dayton Rowing Association was formed to further the sport of rowing as an athletic and recreational activity to all interested persons in the Dayton community. The Association promotes the sport's numerous health and physical development benefits while encouraging the tenets and spirit of sportsmanship.

Club Organization

The GDRA is able to operate thanks to the volunteer efforts of its members. All the members pitch in on the many programs and projects that make rowing possible, ranging from dock building to boat maintenance to picking up litter. If you see something that needs doing, then you may be the best person to do it!

We are led by a volunteer Board of Trustees, who are elected by the membership at the annual meeting. The Trustees then appoint Officers and Committee Chairmen to handle specific responsibilities.

In order to make rowing in Dayton possible and to keep our fees low, we ask all of our members to contribute a minimum of 10 hours of official volunteer time every year. Renewing members who put in their volunteer time the previous year are eligible for a substantial discount on their membership fees.

Membership

Adult Members

Age 27 and over. Adult membership covers the use of club boats and oars for both local training and for away regattas. Adult members have voting privileges and a volunteer requirement.

Young Adult Members

Age 18-26 after graduating from high school. Young Adult membership is exactly the same as Adult membership, with voting privileges and a volunteer requirement, but is offered at a reduced fee.

Supporting Members

For inactive rowers or non-rowers who want to support the club and stay in touch. No volunteer requirement. You can still come down and row three times a year, before you are considered "active" again. If you become active, then pay the difference to switch to the appropriate Adult membership.

Junior Members

Age 18 and under high school students, including the summer after graduation. Juniors are non-voting, associate members of GDRA. Juniors must be supervised by a coach or other qualified adult member when using club facilities or equipment.

Special Membership

Special memberships can be set up by the Board of Trustees on a case-by-case basis. These are rare and intended to cover unique circumstances, such as a non-rowing member who puts in large amounts of volunteer time to support the club.

Reduced Fees for Late Season

Memberships and storage fees run from Jan 1 - Dec 31. Reduced membership fees for new members are based on when they first start using club equipment and facilities. Reduced boat storage fees are based upon when the boat first appeared at the boathouse.

Everyone Must Sign Waiver. Anyone using our equipment, whether a member of GDRA or not, must sign a current USRowing Waiver Form prior to their first row of the year.

Boat Sign Out

All club and private boats must be signed out using the GDRA Sign Out Log.

Captain's Test for Scullers

The club's Adult Rowing Program shells are designated as either "Recreational" or "Performance". The Performance shells are the more delicate and expensive boats. You must pass the Captain's Test prior to going out in a Performance shell. For Performance doubles and quads, two of the scullers must be Captains.

New scullers are required to row 100 miles (161 km) in a Recreational single before taking the Captain's Test. The emphasis here is on demonstrating that you can handle these fragile boats without risk of damage.

Doubles and Quads

Doubles and Quads require additional knowledge and skills beyond single sculling. Get training from an experienced team boat sculler before taking these boats out.

Sweep: Boats and Lineups

Sweep rowing is inherently a team sport. Decisions on adult sweep boat lineups and equipment are made by the Adult Sweep Coach(s), as approved by the Adult Rowing Director.

GDRA Club Rules

Reserving Club Boats

Club boats can be reserved via the Reservation Book in the boathouse. When you reserve equipment, you are expected to show up and row it (weather and water conditions permitting).

If you are more than 15 minutes late, then you forfeit your reservation.

If you repeatedly fail to show up for boats that you have reserved, then you may lose your right to reserve boats.

Requesting Club Boats for Use at a Regatta

To request a club boat for use at a regatta, sign up on the Regatta Scheduling Sheet in the boathouse. Also block out the time the boat will be away in the Reservation Book. Please sign up as early as possible, so that we have time to resolve schedule conflicts when they arise. Do not hesitate to sign up just because there is already a request in for the boat. We will try to work something out.

Club Boats at Regattas

When you row a boat at an out of town regatta, you are expected to take an active part in transporting that boat safely. You must be available to derig, load, unload and re-rig the boat.

Regatta Scheduling Conflicts

The GDRA wants to encourage club members to race. There will be occasional scheduling conflicts. This is inevitable at any active, growing rowing club. If a scheduling conflict cannot be worked out between the rowers, then it will be resolved by the appropriate Rowing Director. Schedule conflicts will **not** be resolved solely by "first dibs". Typical factors that may be considered when resolving scheduling conflicts, include, by way of example and not limitation:

- 1. Does the entire crew consist of paid GDRA members?
- 2. How long have they been preparing for this event?
- 3. What other regattas have they raced at this year?
- 4. What other regattas can they race at this year?

- 5. What is the level of competition at the event?
- 6. What contributions have the rowers made to the club over the past year? (volunteer hours, coaching, etc).

The goal is to get as many people racing as possible, to be fair in resolving conflicts and to promote the long-term growth of the GDRA. There may be times when these goals conflict with one another, but we will strive to balance them as much as possible. The Board of Trustees has ultimate authority to confirm or deny access to equipment.

Guest Rowing

Intro Guests

Adult Members may extend limited introductory rowing privileges to a non-member up to three times. For single sculling, only entry level recreational equipment may be used, specifically the Zephyrs. For sweep or sculling team boats, there should be more experienced members in the boat than guests. The guest's name must be printed in the GDRA Sign Out Log, along with the name of the Adult GDRA member who is present. The entry should be marked as "GUEST".

The guest must sign a USRowing Waiver Form prior to their first row.

Intro Guest privileges are intended to allow our members to informally introduce new people to rowing. After the third row, guests are asked to join the club or enroll in a Learn-To-Row class before continuing to use our equipment and facilities.

Experienced rowers and members of other rowing clubs do not qualify as Intro Guests. Private Guests

Non-members who row a member's privately owned boat are called "Private Guests". Adult members may host a Private Guest up to three times a year. The guest's name must be clearly printed in the GDRA Sign Out Log, along with the name of the Adult GDRA member hosting them. The entry should be clearly marked as "Private Guest" in the comment column. The guest must sign a USRowing Waiver Form prior to their first row. Private Guests should not be given the combination to the boathouse without prior approval by the President or Boathouse Manager. Private Guest privileges are intended to allow private boat owners to lend their boat out on an occasional basis, such as when a friend visits from out of town. They are not to be used as an ongoing method of avoiding membership dues. Anyone who is regularly rowing out of the GDRA bays is expected to join the club.

Special Guests

The Board of Trustees may extend temporary rowing privileges to non-members on a special case basis. This is primarily envisioned for experienced rowers visiting from out of town. If the guest will be making heavy use of GDRA equipment, then compensation may be required in the same manner that it is required of composite crew rowers. Special guests must sign in the GDRA Sign Out Log and they must sign a USRowing Waiver Form prior to their first row.

Composite Crews

GDRA highly values the racing success of our competitive members. Combined with a desire to provide an environment conducive for all of our members to excel, GDRA regulates the use of club-owned equipment to ensure its longevity and availability. This is particularly relevant in the case of composite-crew rowing (i.e. non-members rowing in GDRA owned boats).

Rowing With Members of Other Clubs

Training or racing in GDRA equipment by non-members must be approved by the appropriate Rowing Director. It is the responsibility of the GDRA member(s) involved to contact the Rowing Director and sort out the details. Note: A crew composed 100% of paid GDRA members will always take precedence over any composite crew. Despite rental fees paid, composite crew sage is therefore considered "non-proprietary" for both training and racing. Competing under the Name GDRA Whenever possible, a GDRA member should compete under the name "Greater Dayton Rowing Association" or "GDRA". When competing in boats that are owned by GDRA, members are required to compete under GDRA's name. When competing in boats that are not owned by GDRA, members are encouraged, but not required, to race under GDRA's name. A composite crew entry should embody the name of each club being represented. Crewmembers from other clubs are encouraged to include the name of their respective clubs, thereby showing the multi-club composition of the crew. In some cases, it may be more practical and necessary to enter regattas under a generic name such as "Rowers of Dayton".

GDRA Club Colors and Uniforms

Navy, Red, and White.

Equipment Damage and Repairs

No matter how careful we are, accidents involving expensive equipment occur occasionally, particularly if you are an active rower who logs several hundred miles a year. All damage to, or loss of, club owned rowing equipment must be documented on an Incident report form and must be reported within 24 hours of the incident to the Boathouse Manager, Club Coach or Rowing Director. If the usability of the equipment has been compromised, then a "Do Not Row" tag should be placed on the damaged equipment. GDRA carries insurance to cover damage to GDRA owned rowing equipment, but there is a deductible that must be met. Loss of fins, broken foot stretchers & shoes, broken oarlocks, broken steering systems, and small chips will usually be handled as a club expense via the equipment repair budget. Unfortunately, large holes, cracks, scratches, broken rigging, oars, etc. are first and foremost the responsibility of the member who caused them. Depending on circumstances (negligence), you may or may not be responsible for the deductible that applies. The degree of that responsibility will be determined by the Board of Trustees. Keep in mind that rowing at GDRA is a privilege, and not a right. The penalty for not reporting damage to equipment could be expulsion. All damage caused to privately owned equipment should be reported immediately to the owner. Please accept responsibility for damage you may have caused.

Boathouse Lockers

Lockers are available for either long-term or day-use. Long-term assignments are made by the Boathouse Manager. Assigned lockers must have the occupants' names affixed to them. Unassigned lockers may be used by any member to secure belongings during their row (day-use). Simply bring your own lock and remove it afterward.

Privately Owned Boats

All privately owned boats in the GDRA bays pay storage fees. Private boats are found on racks marked with the owner's name or slung from the ceiling. Private oars should be clearly marked with the owners name or initials. Owners of private shells must fill out and sign a Boat Storage Agreement. Owners are responsible for their own insurance on their boats. GDRA insurance does not apply. As demand for rack space increases, GDRA may reassign boat storage. Rack space is rented, not sold. If you want a boat storage spot, please contact the Boathouse

Manager. If there is a waiting list for boat storage, then the Board of Trustees may establish priorities other than first come-first served.

Equipment Care & Handling

Rowing Equipment

You should become familiar with the proper care and handling of all equipment. Please follow these guidelines:

- 1. Every Saturdays is Boat Wash Day. If you use a club boat on Saturday, then wash it down with soap and water afterward. On other days, you should at least wipe down the boat following our row.
- 2. Extreme care and caution should be maintained when removing shells and returning them to their racks. Your shell must **never** touch another shell.
- 3. Shells must be lifted and not slid across the rack on which they sit.
- 4. At dock's edge, shells must be rolled carefully toward the water and then placed lightly on the water without brushing or touching the edge of the dock. Be aware of the fin's position and its angle to the dock keep it clear.
- 5. Position the shell toward the rear of the rack; this is a safer location and also makes it easier to reach other shells on the same rack.

GDRA Personal Safety Guidelines

- 1. Dangerously high water occurs several times every year on our river. The river may look calm, but the current can sweep you over the dam. A color coded height stick at the dock indicates the height of the water. There is no rowing in GDRA owned boats when the river is in the "red zone". There is no novice rowing in GDRA owned boats when in the "yellow zone".
- 2. All novice members should follow the "Rule of Four Oars". This means that four oars must be present before your workout can commence. That is, two singles or two pairs must go out together and maintain sight of each other during the row. Or row in a double, quad, four or eight. Experienced rowers are encouraged to adhere to the Rule of Four Oars in colder weather.
- 3. Cold water is a danger in the winter and early spring. Use caution when the water temperature is below 50F. As a rough guide, stick your hand in the water for a full minute. Then think about your whole body being in the water for the several minutes it might take to reach shore.
- 4. During days of high water, high wind and/or cold, rowers should use common sense and scrap their row if conditions are questionable. IF IN DOUBT, DON'T GO OUT.
- 5. Do not row in an electrical storm. If caught on the water when a storm arises, immediately head for shore. Take the boat ashore, and wait for the storm to pass.
- 6. A sculler who flips should stay with his/her shell and swim it to shore, using the boat and oars for flotation.
- 7. All rowers must be good swimmers, able to swim 100 yards while using their shell for flotation. Rowers must be in good physical condition, with no known physical or mental impediment to safe participation in the sport.