

## Club Purpose

The Greater Dayton Rowing Association was formed to further the sport of rowing as an athletic and recreational activity to all interested persons in the Dayton community. The Association promotes the sport's numerous health and physical development benefits while encouraging the tenets and spirit of sportsmanship.

## Club Organization

The GDRA is able to operate thanks to the volunteer efforts of its members. All the members pitch in on the many programs and projects that make rowing possible, ranging from dock building to boat maintenance to picking up litter. If you see something that needs doing, then you may be the best person to do it!

We are led by a volunteer Board of Trustees, who are elected by the membership at the annual meeting. The Trustees then appoint Officers and Committee Chairmen to handle specific responsibilities.

In order to make rowing in Dayton possible and to keep our fees low, we ask all of our members to contribute a minimum of 10 hours of official volunteer time every year. Renewing members who put in their volunteer time the previous year are eligible for a substantial discount on their membership fees.

## Membership

### **Adult Members**

Age 27 and over. Adult membership covers the use of club boats and oars for both local training and for away regattas. Adult members have voting privileges and a volunteer requirement.

### **Young Adult Members**

Age 18-26 after graduating from high school. Young Adult membership is exactly the same as Adult membership, with voting privileges and a volunteer requirement, but is offered at a reduced fee.

### **Supporting Members**

For inactive rowers or non-rowers who want to support the club and stay in touch. No volunteer requirement. You can still come down and row three times a year, before you are considered "active" again. If you become active, then pay the difference to switch to the appropriate Adult membership.

### **Junior Members**

Age 18 and under high school students, including the summer after graduation. Juniors are non-voting, associate members of GDRA. Juniors must be supervised by a coach or other qualified adult member when using club facilities or equipment.

### **Special Membership**

Special memberships can be set up by the Board of Trustees on a case-by-case basis. These are rare and intended to cover unique circumstances, such as a non-rowing member who puts in large amounts of volunteer time to support the club.

### **Reduced Fees for Late Season**

Memberships and storage fees run from Jan 1 – Dec 31. Reduced membership fees for new members are based on when they first start using club equipment and facilities. Reduced boat storage fees are based upon when the boat first appeared at the boathouse.

## Everyone Must Sign Waiver

Anyone using our equipment, whether a member of GDRA or not, must sign a current USRowing Waiver Form prior to their first row of the year.

## Boat Sign Out

All club and private boats must be signed out using the GDRA Sign Out Log.

## Sculling: Rowing Performance Shells

### **Captain's Test for Scullers**

The club's Adult Rowing Program shells are designated as either "Recreational" or "Performance". The Performance shells are the more delicate and expensive boats. You must pass the Captain's Test prior to going out in a Performance shell. **For Performance doubles and quads, two of the scullers must be Captains.**

New scullers are required to row 100 miles (161 km) in a Recreational single before taking the Captain's Test. The emphasis here is on demonstrating that you can handle these fragile boats without risk of damage.

### **Doubles and Quads**

Doubles and Quads require additional knowledge and skills beyond single sculling. Get training from an experienced team boat sculler before taking these boats out.

## Sweep: Boats and Lineups

Sweep rowing is inherently a team sport. Decisions on adult sweep boat lineups and equipment are made by the Adult Sweep Coach(s), as approved by the Adult Rowing Director.

## Reserving Club Boats

### Reserving Boats to Use in Dayton

Club boats can be reserved via the Reservation Book in the boathouse. When you reserve equipment, you are expected to show up and row it (weather and water conditions permitting).

- **If you are more than 15 minutes late, then you lose your reservation.**
- If you repeatedly fail to show up for boats that you have reserved, then you may lose your right to reserve boats.

### Requesting Club Boats for Use at a Regatta

To request a club boat for use at a regatta, sign up on the Regatta Scheduling Sheet in the boathouse. Also block out the time the boat will be away in the Reservation Book. Please sign up as early as possible, so that we have time to resolve schedule conflicts when they arise. Do not hesitate to sign up just because there is already a request in for the boat. We will try to work something out.

### Club Boats at Regattas

When you row a boat at an out of town regatta, you are expected to take an active part in transporting that boat safely. You must be available to derig, load, unload and rerig the boat.

### Regatta Scheduling Conflicts

The GDR Club wants to encourage club members to race. There will be occasional scheduling conflicts. This is inevitable at any active, growing rowing club. If a scheduling conflict cannot be worked out between the rowers, then it will be resolved by the appropriate Rowing Director. Schedule conflicts will **not** be resolved solely by "first dibs". Typical factors that may be considered when resolving scheduling conflicts, include, by way of example and not limitation:

1. Does the entire crew consist of paid GDR Club members?
2. How long have they been preparing for this event?
3. What other regattas have they raced at this year?
4. What other regattas can they race at this year?
5. What is the level of competition at the event?
6. What contributions have the rowers made to the club over the past year? (volunteer hours, coaching, etc).

The goal is to get as many people racing as possible, to be fair in resolving conflicts and to promote the long-term growth of the GDR Club. There may be times when these goals conflict with one another, but we will strive to balance them as much as possible. The Board of Trustees has ultimate authority to confirm or deny access to equipment.

## Guest Rowing

### Intro Guests

Adult Members *who are highly experienced rowers* may take an adult non-member out for a row for the purpose of introducing them to the sport of rowing. *The member must be on the water with the guest. The limit is 3 rows per guest. Even if a guest has multiple members taking them out, the limit is still just 3 rows total per guest.* After the third row, guests must enroll in Learn-To-Row *or work out some other arrangement with the Adult Director (see Special Guests below).* For single sculling, only entry level recreational equipment may be used, specifically the Aldens and Zephyrs. For sweep or sculling team boats, there should be more experienced members in the boat than guests. The guest's name must be printed in the GDR Club Sign Out Log *and* the entry should be marked as "GUEST". The guest must sign a USRowing Waiver Form prior to their first row. *The member hosting the guest must notify the Adult Director, who will notify other club officers.*

Experienced rowers and members of other rowing clubs do not qualify as Intro Guests.

### Private Guests

Non-members who row a member's privately owned boat are called "Private Guests". Adult members may host an adult Private Guest up to three times a year. The guest's name must be clearly printed in the GDR Club Sign Out Log, along with the name of the Adult member hosting them. The entry should be clearly marked as "Private Guest". The guest must sign a USRowing Waiver Form prior to their first row. *The member hosting the guest must notify the Adult Director, who will notify other club officers.*

Private Guest privileges are intended to allow private boat owners to lend their boat out on an occasional basis, such as when a friend visits from out of town. They are not to be used as an ongoing method of avoiding membership dues. Anyone who is regularly rowing out of the GDR Club facilities is expected to join the club.

### Special Guests

The *Adult Director* may extend temporary rowing privileges to non-members on a special case basis. This is primarily envisioned for experienced rowers visiting from out of town. If the guest will be making heavy use of GDR Club equipment, then compensation may be required. Special guests must sign in the GDR Club Sign Out Log and they must sign a USRowing Waiver Form prior to their first row.

*The Adult Director will notify other club officers and the Board of arrangements made for Special Guests.*

### Parent/Child Rowing

*GDR Club encourages parents to row with their children. Contact the Adult Director to discuss whether this would be feasible in your particular case.*

## Composite Crews

GDRA highly values the racing success of our competitive members. Combined with a desire to provide an environment conducive for all of our members to excel, GDRA regulates the use of club-owned equipment to ensure its longevity and availability. This is particularly relevant in the case of composite-crew rowing (i.e. non-members rowing in GDRA owned boats).

### **Rowing With Members of Other Clubs**

Training or racing in GDRA equipment by non-members must be approved by the appropriate Rowing Director. It is the responsibility of the GDRA member(s) involved to contact the Rowing Director and sort out the details.

Note: A crew composed 100% of paid GDRA members will always take precedence over any composite crew. Despite rental fees paid, composite crew usage is therefore considered "non-proprietary" for both training and racing.

## Competing under the Name GDRA

Whenever possible, a GDRA member should compete under the name "Greater Dayton Rowing Association" or "GDRA".

When competing in boats that are owned by GDRA, members are required to compete under GDRA's name. When competing in boats that are not owned by GDRA, members are encouraged, but not required, to race under GDRA's name.

A composite crew entry should embody the name of each club being represented. Crewmembers from other clubs are encouraged to include the name of their respective clubs, thereby showing the multi-club composition of the crew. In some cases, it may be more practical and necessary to enter regattas under a generic name such as "Rowers of Dayton".

## GDRA Club Colors and Uniforms

Exact wording is pending.

## Boathouse Lockers

Lockers are available for either long-term or day-use. Long-term assignments are made by the Boathouse Manager. Assigned lockers must have the occupants' names affixed to them. Unassigned lockers may be used by any member to secure belongings during their row (day-use). Simply bring your own lock and remove it afterward.

## Equipment Damage and Repairs

No matter how careful we are, accidents involving expensive equipment occur occasionally, particularly if you are an active rower who logs several hundred miles a year.

All damage to, or loss of, club owned rowing equipment must be documented on an Incident report form and must be reported within 24 hours of the incident to the Boathouse Manager, Club Coach or Rowing Director. If the usability of the equipment has been compromised, then a "Do Not Row" tag should be placed on the damaged equipment.

GDRA carries insurance to cover damage to GDRA owned rowing equipment, but there is a deductible that must be met. Loss of fins, broken footstretches & shoes, broken oarlocks, broken steering systems, and small chips will usually be handled as a club expense via the equipment repair budget. Unfortunately, large holes, cracks, scratches, broken rigging, oars, etc. are first and foremost the responsibility of the member who caused them. Depending on circumstances (negligence), you may or may not be responsible for the deductible that applies. The degree of that responsibility will be determined by the Board of Trustees.

Keep in mind that rowing at GDRA is a privilege, and not a right. The penalty for not reporting damage to equipment could be expulsion.

All damage caused to privately owned equipment should be reported immediately to the owner. Please accept responsibility for damage you may have caused.

## Privately Owned Boats

All privately owned boats in the GDRA bays pay storage fees. Private boats are found on racks marked with the owner's name or slung from the ceiling. Private oars should be clearly marked with the owners name or initials. Owners of private shells must fill out and sign a Boat Storage Agreement. Owners are responsible for their own insurance on their boats. GDRA insurance does not apply.

As demand for rack space increases, GDRA may reassign boat storage. Rack space is rented, not sold.

If you want a boat storage spot, please contact the Boathouse Manager. If there is a waiting list for boat storage, then the Board of Trustees may establish priorities other than first come-first served.

# GDRA Club Rules

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## Equipment Care & Handling

### **Rowing Equipment**

You should become familiar with the proper care and handling of all equipment. Please follow these guidelines:

1. Every Saturdays is Boat Wash Day. If you use a club boat on Saturday, then wash it down with soap and water afterward. On other days, you should at least wipe down the boat following your row.
2. Extreme care and caution should be maintained when removing shells and returning them to their racks. Your shell must **never** touch another shell.
3. Shells must be lifted and not slid across the rack on which they sit.
4. At dock's edge, shells must be rolled carefully toward the water and then placed lightly on the water without brushing or touching the edge of the dock. Be aware of the fin's position and its angle to the dock - keep it clear.
5. Position the shell toward the rear of the rack; this is a safer location and also makes it easier to reach other shells on the same rack.

## GDRA Personal Safety Guidelines

1. Dangerously high water occurs several times every year on our river. The river may look calm, but the current can sweep you over the dam. A color coded height stick at the dock indicates the height of the water. There is no rowing in GDRA owned boats when the river is in the "red zone". There is no novice rowing in GDRA owned boats when in the "yellow zone".
2. All novice members should follow the "Rule of Four Oars". This means that four oars must be present before your workout can commence. That is, two singles or two pairs must go out together and maintain sight of each other during the row. Or row in a double, quad, four or eight. Experienced rowers are encouraged to adhere to the Rule of Four Oars in colder weather.
3. Cold water is a danger in the winter and early spring. Use caution when the water temperature is below 50F. As a rough guide, stick your hand in the water for a full minute. Then think about your whole body being in the water for the several minutes it might take to reach shore.
4. During days of high water, high wind and/or cold, rowers should use common sense and scrap their row if conditions are questionable. **IF IN DOUBT, DON'T GO OUT.**

5. Do not row in an electrical storm. If caught on the water when a storm arises, immediately head for shore. Take the boat ashore, and wait for the storm to pass.

6. A sculler who flips should stay with his/her shell and swim it to shore, using the boat and oars for flotation.

7. All rowers must be good swimmers, able to swim 100 yards while using their shell for flotation. Rowers must be in good physical condition, with no known physical or mental impediment to safe participation in the sport.

## Island Park Rowing Rules

All GDRA members and program participants are expected to know and abide by the Island Park Rowing Rules.

### *Disciplinary Procedures*

*All participants (including athletes, coaches, volunteers, members and employees), in both the Adult and Youth Programs, are required to review and follow the GDRA Club Rules, GDRA Safety Rules, GDRA Cold Water Rules, and Island Park Rowing Rules at all times. Failure to adhere to these Rules may result in disciplinary action, including termination of rowing privileges and expulsion from the club.*

*Additionally, all Youth Program participants are required to review and follow the GDRA SafeSport Policy.*

*Club members are required to conduct themselves in a responsible and civil manner towards all other members and the general public.*

### *Disciplinary actions*

*1. Coaches running a scheduled practice have authority to direct all of the activities of the participants in that practice. The senior coach present at a practice has authority to dismiss a participant from that practice.*

*2. All Coaches and Club Officers have authority to order any participant to immediately cease an activity that they judge to present a real risk of injury or property damage or is a flagrant violation of the Rules.*

*3. All Coaches and Club Officers have authority to request the immediate suspension of a participant. Such requests shall be made to the President. The President may then convene a three member Disciplinary Board consisting of the President and two major Club Officers, other than the person requesting the suspension. A unanimous vote by the Disciplinary Board is required to impose a suspension. Suspensions may be appealed to the Board of Trustees.*

*4. The Board of Trustees may impose disciplinary measures up to and including termination of membership, participation and/or employment.*